Prevalence of oral diseases among patients attending Chuka District Hospital Dental Clinic in Tharaka Nithi County.

Kiriinya, Hildah Mukami
Mount Kenya University

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PREVALENCE OF ORAL DISEASES AMONG PATIENTS ATTENDING CHUKA
DISTRICT HOSPITAL DENTAL CLINIC IN THARAKA NITHI COUNTY.

By

Hildah Mukami Kiriiinya
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ABSTRACT

Background: The mouth is visible gateway to the rest of body. Oral diseases have linked to systemic diseases hence leading to oral health problems which have adverse effects to quality life, good oral health require less health expenditures hence quality life.

Objective: The objective of this study was to determine the prevalence of oral diseases presented by patient attending the dental clinic in Chuka district hospital.

Study Area: Chuka District Hospital is in Chuka Town along the Meru highway.

Study Population and Duration: The study took 4 months and targeted all the patients attending the dental clinic in Chuka District hospital-Dental Clinic.

Study Design: This was a descriptive cross-sectional study.

Data Collection Instrument: Data was collected by means of a self-administered questionnaire formulated from the study objectives.

Data Treatment: The data obtained from the questionnaires was compiled in the computer and analyzed with the help of Microsoft Excel.

Budget: The budget for this study was Kenya shillings sixty thousand one hundred (KSh. 60,100/=)

Results and Conclusions: The results which were presented in tables and graphs showed that oral diseases is a burden in indigenous people in chuka.

Recommendations: It was recommended that indigenous people in chuka should be educated on prevention on oral disease