

ASTUDY TO DETERMINE THE EXTENT OF DRUG AND  
SUBSTANCE ABUSE IN CHANIA GIRLS AND  
BOYS HIGH SCHOOLS.

BY

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## **ABSTRACT**

A lot of research work have revealed the prevalence of drug abuse in most secondary schools in Kenya, where the vice has been blamed for mass indiscipline, destruction of school properties and poor performance in both curriculum and co-curriculum activities in educational institutions thus provoking a lot of interest to the government, educationist, parents, church and other stakeholders in education sector. This study was concerned with establishing the extent of drug and substance abuse among secondary schools and related causes of drug abuse that bring about the escalating cases of drug abuse in secondary schools. Descriptive survey design was used to carry out investigations. The research was carried out in Thika town, Chania High school, both girls and boys. The target population was 1590 students of who comprised of 758 girls and 832 boys, 20 teachers ten from each school, and 2 head of guidance and counseling department, one from each school. The following separate questionnaire was used to collect the data, teachers' questionnaire, students' questionnaire and head of guidance and counseling questionnaire. The questionnaire was first piloted to establish their validity and reliability two weeks before the commencement of the actual research in one of the non sampled schools. The study sought to establish both students and school related factors influencing drug abuse in secondary schools and measures taken to curb drug abuse.

The data were analyzed using descriptive statistics with the use of excel. The findings generated by the study revealed that the drug abuse is rampant in secondary schools in Thika town. The vice is greatly attributed to the influence of the students themselves who provide both drug abuse culture and avail the drugs in schools. The school administration was found to be inadequately equipped in terms of setting the appropriate disciplinary system, providing drug abuse control materials, availing and developing equipped personnel and in the control of the influx of drugs to schools. The study recommend that the parents and the community should be included and mobilized as they represent a dependable force in drug abuse control; school principals, deputies, teachers and counselors should be sensitized to improve their knowledge in the nature of drugs behavior of drug abusers and in the method of helping out the students already involved in the vice.