

**IMPACT OF ALCOHOL ABUSE ON EMPLOYEE PERFORMANCE: A CASE  
OF NAIROBI WATER AND SEWERAGE COMPANY HEAD OFFICE IN  
NAIROBI COUNTY**

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## **Abstract**

Alcohol abuse at the workplace poses a great challenge to the growth and development of organizations in Kenya. Presently, about 200 million people or 5 per cent of the world's population aged 15 to 64 use alcohol. This study sought to assess the impact of alcohol abuse on employee performance in the work place. The objective of this study was to determine the extent to which alcohol abuse influences: workplace absenteeism, accidents/safety and the level of job productivity among employees at the Nairobi water and sewerage company in Nairobi County. The study adopted a research survey design. A random sample of 400 employees and 100 managers was drawn from 10 randomly selected stations. Primary data was collected using a questionnaire, and interview schedule. Secondary data was collected from documented information to supplement the primary data. Data was processed and analyzed qualitatively and quantitatively.