

**ASSESSMENT OF PHYSICAL EDUCATION IN SECONDARY SCHOOLS IN  
NKUBU ZONE, MERU COUNTY**

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## ABSTRACT

The main purpose of this study is to assess teaching of physical education in Nkubu Zone. It focuses on teaching and learning P.E, qualification of teachers, availability and affordability of the facilities in schools. The time taken for teaching P.E and role played by Kenya National Examination Council for not examining P.E as a subject in the school curriculum. The instrument used for this study were the questionnaires for the principals and others for the teachers administered by the researcher. The other tools which were used is an observation schedules to determine the availability of equipment, facilities and games, presentation of findings were done in form of pie charts and frequency tables. The major findings of the study were that there are inadequate P.E facilities, shortage of trained teachers leading to low motivation. Funds for running P.E Programme and P.E is not examined by KNEC hence learners are less motivated. Recommendations are made to develop, P.E curriculum that is through examination and being graded by KNEC in Kenya Certificate of Secondary Education.