

**A REVIEW OF IMPLEMENTATION, QUALITY AND ATTITUDES OF  
HEALTH CARE WORKERS TO PHARMACEUTICAL CARE PRACTICE AT  
THE M P SHAH HOSPITAL NAIROBI**

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## **ABSTRACT**

Pharmaceutical care is a philosophy of practice in which the patient is the primary beneficiary of the pharmacist's actions and focuses on the most beneficial therapeutic approach by the pharmacist. The management of chronic ailments such as HIV, Cardio, diabetes and Cancer introduces co-morbidities that complicate the management and affect the outcomes of patient's health. The pharmacist is then uniquely placed to ensure that the patient's treatment options and drug therapies do not conflict with achievement of set treatment goals or deterioration of the patient's quality of life.

This study aimed at establishing current practice and compliance with clinical guidelines in pharmaceutical care practice, standards and attitudes of physician's nurses and pharmacists with regards to pharmaceutical care practice. Stratified and opportunity sampling was done using the population of personnel directly responsible and assigned duties in the pharmaceutical care at the hospital facility. Data analysis was carried out using tables, charts, and bar graphs to illustrate the findings of the study and will be used to draw conclusions for the study.

The results reveal that in general the attitudes towards pharmaceutical care was positive indicating a high regard for clinical pharmacists and their impact on quality of patient therapy outcomes. Pharmaceutical care process was found to be actively implemented at the facility and provided by adequately trained and qualified staff.