

**THE EFFECTS OF DRUG AND SUBSTANCE ABUSE AMONG TEENAGERS**

**A CASE STUDY OF EMBU BLUE VALLEY**

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## ABSTRACT

Drug abuse is a major vice affecting teenagers in our society and needs urgent address from both the government and other organizations. The main purpose of the study was to determine the effects of drug and substance abuse in our society and to come up with the techniques of addressing the problem. The study had various objectives which included; - to determine symptoms and complication of drug abuse to asses impacts of the addiction to the same in blue valley in Embu District .The study was done at Embu district in Eastern province by the use of questionnaire . According to the data obtained it was noted that drug and substance abuse is still a threat especially in the ages of 13-19 years. Different sexes are affected in different rates. Through investigation it was concluded that government intervention and family leadership is very vital in the eradication of drug influence in the community. Finally it was recommended that government should educate the public on the importance of eliminating drugs and substance abuse.