

**THE ROLE OF NON-GOVERNMENTAL ORGANIZATIONS ON YOUTH  
EMPOWERMENT INITIATIVES IN KENYA - A CASE ~~STUDY~~ OF CAP YOUTH  
EMPOWERMENT INSTITUTE (CAPYED)**

**MICHAEL OCHIENG NYAWINO**

**MDS/2013/45430**

**A Research Proposal Submitted in Partial Fulfilment of the Requirement for the Award  
of a Masters of Arts Degree in Development Studies to Mount Kenya University**

**September, 2015**

## ABSTRACT

Understanding how best to support young people to build their attitudes and skills to do well in life is a priority of international agencies, governments and non-profit organizations. Increasingly, youth empowerment programs (YEPs) are embraced as a way to prepare young people for adulthood by improving their strengths. With the ever rising cases of youth unemployment across the world and more so in Africa and the kind of debilitating effects it has on young people, youth empowerment initiatives have been tipped as the best strategy to overcome this menace especially when it is spearheaded by NGOs. This is because NGOs have been viewed as the best agents of change especially in securing sustainable community development. The main purpose of the study will be to establish the role of NGOs on youth empowerment initiatives in Kenya. Specifically, it will aim at: - assessing the effect of CAP's funding on youth empowerment initiatives; determining the effects of CAP's capacity development on youth empowerment initiatives; establishing the effects of CAP's sustainability measures on youth empowerment initiatives; and finding out the effects of CAP's monitoring and evaluation systems on youth empowerment initiatives. The study will employ a case study design using descriptive statistics. The target population will be all facilitators, management, stakeholders and all CAP graduates in Kenya. Convenience and purposive random sampling will be used to sample the respondents and interview method using structured questionnaires will be used to gather data from respondents while observing ethical considerations. Validity and reliability of the tools will be ensured through expert judgment and test and retest method. The data collected will be coded and analyzed using statistical package for social sciences (SPSS) and output presented in graphical and tabular form. Conclusions of all the objectives will be drawn and verification of facts will be conducted.