

**AN ASSESSMENT ON THE ADHERENCE TO GOOD
DISPENSING PRACTICES AT DISPENSING POINTS IN
MOMBASA COUNTY**

By

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Abstract

Good dispensing practice refers to the delivery of the correct medicine or medical supply to the right patient, in the required dosage and quantities, in the package that maintains acceptable potency and quality for the specified period, and with clear drug information. The role of such practice in realizing rational use of medicines is enormous, and the contribution of Pharmacy professionals in this regard is immense although rational use of medicines requires the concerted efforts of all health care professionals towards that goal. The aim of this research paper is to try to understand the extent of adherence to good dispensing practices by various dispensing points in Mombasa County. The research study adopted descriptive research and cross-sectional research designs. The study used simple random sampling technique to determine the number of dispensing points to be visited. Closed ended questions (Yes or No answers) and interviews (face to face interviews) were employed as methods of data collection. Microsoft excel spread sheet was used for data analysis and was presented in terms of tables, charts and bar graphs. The aim of the study was to point out the reasons why good dispensing practices were not practiced and recommendations were made to strengthen the same. The study shows that professional qualification plays a crucial role in medication use counseling and minimizing dispensing errors, also in implementing good dispensing practices.

Key words: Rational use, Medication, Adherence, Dispensing errors, Dispensing practices.