

**EVALUATION ON EFFECTIVENESS OF GUIDANCE  
AND COUNSELING IN ACADEMIC PERFORMANCE IN  
PUBLIC PRIMARY SCHOOLS IN CHANGAMWE  
DISTRICT - MOMBASA COUNTY.**

**BY**

**JARED ODONGO OGOL**

**REG NO: BEDA 0513/212/13433**

**A RESEARCH PROJECT SUBMITTED IN PARTIAL  
FULFILMENT FOR THE REQUIREMENTS FOR AWARD  
OF DEGREE OF BACHELOR OF EDUCATION OF  
MOUNT KENYA UNIVERSITY.**

**JULY - 2013**

## **ABSTRACT**

The study was carried out to evaluate the effectiveness of guidance and counseling in academics performance in public primary school in Chagamwe District in Mombasa town in Mombasa County. The study was significant to know how many schools embraces effective guidance and counseling and how they perform in final exams. With this analysis the study was significant to know how guidance and counseling affect the academic performance in the public primary schools in Chagamwe District. This would help the public schools to adapt to guidance & counseling as the most effective way of improving their academic performance in final exams.

The study employed a descriptive survey methodology through a Sample random. Ample size was picked randomly by the researcher to fill the questionnaires and answer the interviews questions. Most respondents who were both teachers and teenage pupils were willing to submit information to the researcher. Purposive sampling method was also used to pick on respondents from classes 4-8 in the sampled schools. Convincing sample method was used to pick on teachers of 18 schools within the research District. Data was collected with the help of Questionnaires, Interview schedules and observation check list

From the research, the researcher found that many Public Primary Schools in Chagamwe District had established unfunctional departments of guidance and counseling in their schools hence no effective guidance and counseling. He observed that majority of teachers were not willing to offer this service since there were little support from the school heads and lack of enough resources and space as well as enough time.

Researcher found out that since most schools ignore guidance and counseling in their schools and with other different challenges, then performance in public schools is persistently pathetic and always below average.

He also found out that the schools that apply guidance and counseling had average performance in academics almost in all the subjects that is mathematic, English, Science, Social studies, Kiswahili and Religious education.

After the result of research, teachers discussed the possible ways to use guidance and counseling as one of the ways to improve the academic performance in Changamwe District.

Some of the strategies reached were training or offering fresher causes to public primary teachers in Changamwe District so that the schools may have enough counselors at disposal at any time. Secondly equipping each public primary school with enough adequate resources necessary for guidance and counseling so that the available teachers could be motivated to offer the voluntarily services of guidance and counseling in their public primary schools. All these strategies aimed at improving the academic performance and academic behavior in public primary schools in Changamwe District Mombasa.

Pie Charts, bar graphs and frequency tables were used to present the data. The main cause of poor performance in academics in public primary schools was lack of effective guidance and counseling.