

**AN EVALUATION OF THE YOUTH REHABILITATION CENTRES ON
REFORMING THE DELINQUENT YOUTHS IN KENYA. A CASE OF KAMITI
YOUTH CORRECTIONS REHABILITATION CENTRE.**

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OCHIENG BRIAN OPANGA

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ABSTRACT

Although rehabilitation is often considered a type of punishment for criminal offenders, its objectives are therapeutic rather than punitive. Some theories of punishment claim that criminals deserve to suffer for their crime, however, the rehabilitative ideal views criminal behaviors as diseases that should be treated with scientific methods to cure the offender, some of whom suffer from mental and physical illnesses, drug addiction, and limited opportunities for economic success, problems that increases the likelihood for recidivism. Rehabilitative punishment should be tailored to the offender not the crime and effective rehabilitation programs must first address characteristics that can be changed (dynamic) and that are directly associated with a criminal's individual behavior.

The study will rely on both primary and secondary data. Primary data will be collected from the entire population of the youthful inmates at the institution and 10 of their wardens. Secondary data will b collected through desk review of relevant books, journals and reports from both within and without the institution.