

AN INVESTIGATION INTO THE PSYCHOLOGICAL WELL-BEING OF SINGLE PARENT ADOLESCENTS IN KENYA (A CASE STUDY OF NAIROBI PENTECOSTAL CHURCH ACADEMY, BURUBURU, KENYA) IN NAIROBI EAST DISTRICT NAIROBI COUNTY.

BY

SAMUEL MACHARIA WAIGIRI

BEDS/000513/1122/19476

A Research Project Submitted in Partial Fulfillment of the Requirement for the Award of Bachelor of Education Degree of Mount Kenya University.

August, 2015

ABSTRACT

The purpose of the study was to investigate the effects of single parenting on the psychological well-being of adolescents. It was guided by the research objectives which were :- To investigate the influence of single parenting on the emotions of adolescents, to investigate the influence of single parenting on self-esteem of adolescents, to explore the effects of single parenting on the discipline of adolescents and to find out the influence of single parenting on the attitude towards marriage of adolescents. The study also aimed at exploring the challenges facing adolescents from single parent families. The study was conducted in Nairobi East District. It involved students from Nairobi Pentecostal Church Academy, a mixed day and boarding school. The quantitative research design was used, a casual comparative design and a survey design. The accessible population was form two and forms three students in the school. 30% of the population was sampled to form the study sample. The researcher used simple random sampling to select the sample size. Data collected was analyzed. The descriptive statistics which was used in the analysis will include percentages. It is expected that the findings of the study will help policy makers and various levels of the education sector and parents to take the task of parenting seriously to ease the burden of the adolescents who undergo many psychosocial challenges. The study aimed at suggesting some of the possible remedies for teachers to help adolescents from single parent families. It is hoped that the findings of the study will be used by various agencies working with children and marriage counsellors to better their knowledge in this field.