

**AN INVESTIGATION INTO EFFECTS OF HIV &
AIDS PROGRAMS ON THE HEALTH OF THE
INMATES AT MACHAKOS PRISON.**

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ABSTRACT

The research project dwelt on an investigation into HIV/AIDS prevalence prevention and care for prisoners incarcerated at Machakos Prison. The dependent variable is HIV/AIDS programs, it's dependent because it exists due to the incarceration of prisoners. The independent variable is prisoners incarceration, its independent because it is a standalone variable as it does not rely on the dependent variable. The research site was at Machakos Prison, the target population was the inmates, and the research instruments used was interview schedule which was aimed at investigating on the common issues in prison including stigma, drug abuse, nutritional support, psychosocial support and support groups. It was also purposed to find out factors influencing HIV/AIDS and drug abuse and the extend at which the prison authority assist in improving the wellbeing of the inmates status.

The research used a sample of inmates. Random sampling was first used to select the respondents for the large number of inmates; stratified sampling was further used to get those prisoners that were to be put on ARVs and prophylaxis and purposive sampling was used to select those inmates who could be having tuberculosis. The data was collected through the interview method which was tabulated, percentages calculated and presented in pie chart and bar graphs; it was then interpreted in a descriptive manner to give information relevant to the study with the target of answering the research question.

Stigma is seen as the key aspect that affects the HIV infected people. Stigma can be overcome by accepting ones status, adhering to ART, eating a balanced diet and declaring ones status in public. The Kenya prisons service should educate both the inmates and officers on the issues concerning HIV/AIDS through creating awareness. Those officers and inmates infected with