

**EFFECTS OF DRUG AND SUBSTANCE ABUSE ON  
SECONDARY STUDENTS DISCIPLINE IN MAKUYU ZONE  
OF MURANGA COUNTY**

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**A RESEARCH PROJECT SUBMITTED TO THE  
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## ABSTRACT

The research study was on the effect of drug and substance abuse on secondary school student's discipline. The specific objectives of research study were: - To investigate commonly abused drugs and substances by secondary school students in Makuyu Zone, to find out the causes of drugs and substance consumption by secondary school students in Makuyu Zone, to investigate the effects of drug and substance on students' discipline in Makuyu Zone and to find out strategies put in place to curb drug and substance use in secondary schools in Makuyu Zone. The purpose of the research study was to investigate the effect of drug and substance on secondary school student discipline. The researcher experienced the limitations of time, bad weather and finance during the research study progression. The research study was confined in Makuyu zone. The researcher used descriptive survey design in the research study. The target population in the research study were secondary school principals, guidance and counseling teachers and BOG members. The researcher used random sampling procedures in the selection of the samples population. The sample population compromised of 20% of the target population. For the purpose of the raw data collection the researcher used questionnaires and interviews. To collect the raw data from the respondents, the researchers sought authorization from the D.E.O office and from secondary schools principals. The raw data from the respondent was first coded and organized before being represented in form of tables, pie charts and graphs for analysis. To adhere to research ethics the researcher informed the respondents what the research was meant for. The researcher had also acknowledge all authors work cited. Most of the respondents sampled were male by genders as the findings revealed, tobacco and miraa were the most commonly abused drugs and substances in Makuyu Zone as obtained in the findings. Peer pressure influence was the main cause of drugs and substance consumption among secondary school students as revealed by the findings obtained. Destruction of schools properties and theft of school properties were the main effects of indiscipline due to the effects of drugs and substance abuse by students in Makuyu Zone. Guiding and counseling was found to be the main strategies adopted by the schools managements in all secondary schools to curb the use of drugs and substance abuse in schools as revealed by the data findings. Drugs and substance abuse was wide spread in many secondary schools in Makuyu Zone as most respondents reported this. From the conclusions drawn the researcher recommended the following; The Teachers Service Commission (TSC) should ensure gender balance in secondary schools teachers' recruitment to ensure gender balance in all secondary schools. The members of the provincial administrations should make their areas of jurisdiction drugs and substances free zones. This would assist in curbing drugs and substances used by secondary schools students. This is so because availability of drugs and substances use in secondary schools. Although tobacco and miraa (khat) are legal drugs and substance allowed in Kenya, the Government of Kenya (GOK) should enact law to barn the abuse of tobacco and miraa by students. Because peer pressure influence was the main cause of drugs and substance use by the students, the school administration should create awareness on peer pressure influence among the students. Because the influence of drugs and substances had led to destruction of school properties, the school principals in partnership with the B.O.G members should fight the vice of drugs and substance abuse in school to zero tolerance. The Ministry of Education should come up with the clear policy regarding drugs and substances in schools. The guidance and counseling teachers with support from the principals should intensify their guidance and

counselling sessions in order to wipe the vice of drugs and substances in schools. The Kenya Institute of Education (K.I.E), through the department of curriculum developers should incorporate drugs and substance abuse in all discipline areas in the curriculum. The students' parents should monitor the peer pressure groups their sons and daughters are socializing with and warn them of dangerous peer pressure groups.