

**AN ASSESSMENT ON THE EFFECTS OF  
CEREBRAL PALSY TO PARENTS AND  
CHILDREN IN NAKURU MUNICIPALITY**

**NJOROGE PATRICIA NG'ENDO**

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## ABSTRACT

This aims to examine cerebral palsy and its impact on the family among pupils in Nakuru municipality. A sample of forty (40) parents and guardians of children with cerebral palsy was purposively selected. Various institutions in Nairobi province directed the researcher to the parents' guardians of children with cerebral palsy.

Questionnaires will be used to collect data. There will be one questionnaire which targets the parents/guardians of children with cerebral palsy. Data will be analyzed using statistical methods to arrive at results which will then be interpreted to give meaning to the study.

From the study it is evident that parents/guardians of children with cerebral palsy are affected financially. They pay for their medical bills, and buy mobility aids for them. This is lack of awareness on the causes and management of cerebral palsy. There is some kind of stigma associated with cerebral palsy and this affects their families.

Major recommendation included:- parents and guardians of children with cerebral palsy be sensitized on the causes and management of cerebral palsy. This should be done through short courses, seminars and workshops. Assessment should be done for early identification and intervention. This is to prevent a potentially handicapping condition.

The government should look for ways to enable parents/guardians access free medical services, should also establish and equip a cerebral palsy center. This might ease the financial burden bestowed on parents/guardians of children with cerebral palsy.