

INVESTIGATION OF SUBSTANCE ABUSE ON ACADEMIC PERFORMANCE
IN SECONDARY SCHOOLS IN RUIRU DISTRICT: CASE STUDY OF
SPINNERS BOYS HIGH SCHOOL

BY

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ABSTRACT

Substance abuse affects the general Kenyan population with the youth being most affected. Studies have shown that the age of indulgence has dropped to as low as 4 years, with many reasons given for this. Youthfulness presents some very special problems and considerations. Although many of us would like to deny it, alcohol and other drug dependency does develop in many teenagers and is in fact, on the rise. Many different types of actions are ways in which drugs can affect physiochemical processes, neuron functioning and ultimately thoughts, feelings and other behaviours. Environmental factors such as the availability of marijuana, expectations about how the drug would affect them, the influence of friends and social contacts, and other factors that differentiate identical twins' experiences also were found to have an important effect. With respect to drug prevention it usually reflects a concept of ensuring children and young people do not use drugs and for adults how to encourage responsible and appropriate use of legal substances and drugs used or prescribed for medical purposes. Furthermore the prevention of drug abuse usually includes the concept and context for the promotion of health and well-being as a major outcome of drug prevention.