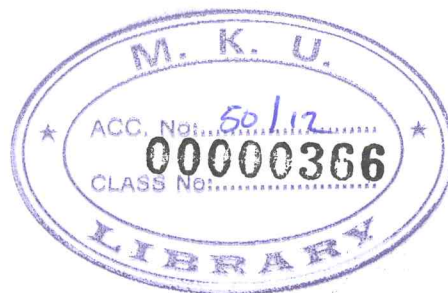


**CHALLENGES FACING THE MANAGEMENT OF GAMES AND SPORTS IN
SECONDARY SCHOOLS IN KENYA; A CASE STUDY OF
SECONDARY SCHOOLS IN ABOGETA DIVISION,
IMENTI SOUTH DISTRICT, MERU COUNTY**



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ABSTRACT

This study investigated challenges facing management of sports and games in secondary schools, in Abogeta Division, Imenti South District, Meru County. The objectives of the study were to establish if funding affects the management of games and sports in schools, to find out if personnel training affects the management of games and sports in secondary schools, to establish the effects of low opinion on management of sports and games in secondary schools and to find out whether time management affect games and sports in secondary schools. The findings of this study would be useful to the ministry of Education especially curriculum developers, the Universities and the Teacher Training Colleges, the secondary school principals and practicing teachers in managing games and sports in schools. The study used descriptive survey method. The target population was 250 members. They include head teachers, teachers and students of selected schools in Abogeta Division in Imenti South District. A sample size of 75 respondents was selected and it represented 30 percent of the target population. Stratified random sampling was adopted to give the appropriate and representative sample for each section. The researcher used a questionnaire to collect data. The questionnaire had structured and unstructured questions. The researcher established the reliability of the instrument by piloting. Data collected was analyzed and categorized in order to simplify it for presentation. Data was analyzed and presented descriptively using frequency tables. It was found that there was a shortage of sporting facilities in secondary schools. The study also found that most of the teachers handling physical education in schools were not adequately trained in the field. The study made recommendations that; Funding for sports, games and physical education should be increased and the students and parents sensitized on the importance of physical activities to the lives of young people. Teacher trainees should be encouraged to take physical education as a teaching subject to facilitate in nurturing sport talent in the schools where they will posted. Campaign and advocacy can help promote sporting which is vital not only for economic or academic gain but also for body fitness. Time set aside for physical activities should be increased so that we can have more time and that the curriculum set time should be used for the right purpose and not undermining the physical activities by utilizing its time for other issues.