

**EFFECTIVENESS OF GUIDANCE AND COUNSELING ON PERFORMANCE
IN PUBLIC SECONDARY SCHOOLS IN MWONGE ZONE MERU SOUTH
DISTRICT.**

BY

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ABSTRACT

Guidance and counseling in the educational system in Africa is a relatively new concept since in the African concept guidance was not done in schools or in an educational set up. It is primarily concerned with individual behavior, processes with guidance involving personal help and advice given by someone and counseling dealing with the personal world of the individual in order to help him understand that internal world.

Guidance and counseling was there in the traditional African society and also in the modern society. The objective of this study was to determine the effectiveness of guidance and counseling in secondary schools in Mwonge zone in Meru South District in relation to the performance in the schools.

The review of literature involves the genesis of guidance movement in the world and the identification, location and analysis of documents containing information related to the research problem being investigated. In the literature review the research looked on the genesis of the guidance movement in the world, the need for guidance services in schools and colleges, areas of guidance and guiding children through early childhood. The study design was descriptive and inferential statistics and it was done in Meru South District. The study covered 20% of the targeted population in different public secondary schools in Mwonge Zone in Meru South District. The data collection method were questionnaires. To obtain maximum data for the research both primary and secondary source for data collection will be essential.

Procedure that was applied in data analysis was both qualitative and quantitative technique with the descriptive techniques to analyze qualitative data.