

**KNOWLEDGE, ATTITUDE AND PRACTICES ON PREVENTION OF RAPE
AMONG WOMEN OF KAPTEMBWO.
NAKURU COUNTY.**

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ABSTRACT

Sexual violence against women is increasingly recognized as a specific health and human rights issue. The purpose of this study was to determine knowledge attitude and practices on prevention of rape among women of Kaptembwo Estate in Nakuru County. A descriptive quantitative cross-sectional design was used. Simple random sampling was used. Self-administered questionnaire was used. Pilot study was carried out using 10% of the respondents. Data was analyzed using SPSS and research findings presented in bar charts and tables after interpretation. A sample size of 100 respondents was used in the study. The study findings indicate that majority of women in Kaptembwo estate were aware of rape occurrence, but lacked knowledge on preventing it, most women felt that they get raped due to alcohol drinking, dressing styles, and walking alone in the dark and isolated places. This is a negative attitudes that blame the rape victim and there is no rape prevention in Kaptembwo Estate. Assistance which is given to rape victim wipes away forensic evidence for court proceedings. Recommendations are; the community health workers in conjunction with the chief of Kaptembwo estate needs to provide correct and adequate knowledge on rape not only to the women of Kaptembwo but the community at large which will as well change the attitude of the community members towards rape and the causes of rape. On prevention of rape, women to be educated on self-defense classes on rape in the women groups by Nakuru County Public Health Nurse and research to be done on knowledge, attitude and practice among men aged 14 years and above by Nakuru County Public Health Nurse.