

AN INVESTIGATION ON THE EFFECTS OF GUIDANCE AND COUNSELLING  
ON CAREER DEVELOPMENT OF STUDENTS IN PUBLIC SECONDARY SCHOOL  
CASE IN CHANIA BOYS HIGH SCHOOL IN KIAMBU COUNTY

BY

MACHARIA JAMES MAINA

BED (ARTS) 110P03915

A RESEARCH PROJECT SUBMITTED IN PARTIAL FULFILLMENT FOR THE  
AWARD OF A BACHELOR OF EDUCATION DEGREE OF MT KENYA  
UNIVERSITY

SEPTEMBER, 2013

## **Abstract**

This research study was aimed at investigating the effects of guidance and guidance and counseling programmes on the career development of students of public secondary school students in Chania Boys High School in Kiambu County in order to determine the effects that the provision of career guidance, its activities and resources have on students career development with a purpose of assisting students in learning about, preparing for entry into and progression in the world of work.

Qualitative data analysis has been applied with questionnaire being the main tool of research. Open ended questions were used in order to allow divergent opinions on the issues addressed. The data obtained has been presented in tables, pie charts and bar graphs for easy interpretation through narratives.

The researcher has found out that the existence of guidance and counseling programmes in schools together with diverse activities that aims at different individual student's abilities, talents and competences, availability of career information resources and a competent level of counsellors' ability to deliver, affects career development in secondary school students.