

**AN INVESTIGATION TO DETERMINE THE EFFECTS OF DRUG AND DRUG
ABUSE AMONG TEENAGERS AND YOUTH IN NAIROBI AND KIAMBU COUNTRIES**

BY

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ABSTRACT

Introduction

Previous literature has shown a divergence by age in the relationship between socioeconomic status (SES) and substance use. It has been established that adolescents with low SES are more likely to engage in substance use, as are adults with high SES. However there is growing evidence that adolescents with high SES are also at high risk for substance abuse. The objective of the study was to establish the Determinants of alcohol and substance abuse among teenagers and youth of Nairobi and Kiambu counties. A descriptive cross-sectional study was carried out in two rehabilitation centers in each county.

Broad Objective

To establish factors influencing Alcohol and Substance abuse among the teenagers and youths of Nairobi and Kiambu counties.

Methods/Materials

A sample size of 200 respondents was studied through simple random selection. Data collected was analyzed using SPSS and presented in form of text, bar graphs, pie charts and tables.