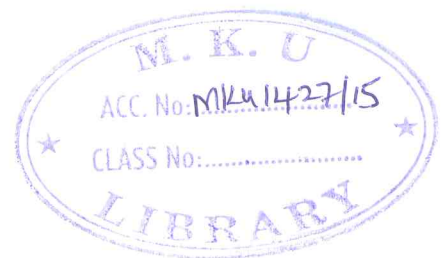


**THE EFFECTS OF NUTRITION ON LEARNING AMONG CHILDREN
IN PUBLIC PRE-PRIMARY AND LOWER PRIMARY**

**A CASE OF VISA OSHWAL PRIMARY SCHOOL IN WESTLANDS
SUB-COUNTY NAIROBI KENYA**

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**A RESEARCH PROJECT SUBMITTED TO THE SCHOOL OF
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ABSTRACT

The effect of Nutrition on learning among children in pre-school and lower primary is a major factor that can positively or negatively influence the ability of a child's learning thus the more reasons to observe on what the learners eat at school or carry from home. The purpose of study is based on the effects of nutrition on learning among children learning in public schools between the ages of 5 years to 8 yrs. The factors that affect the diet and feeding practices among these same children and finally establish the challenges faced by the ECDE Programmes in administering feeding programmes in their schools. The study will conduct its investigation in lower primary classes in Visa Oshwal Primary School, a school with parents of above average economic status and those of lower income status helping me in turn to draw conclusion as to whether nutrition plays a role in the learning children. I intend to use questionnaires for both teachers and learners as my data collection instrument and I will use descriptive inferential statistics to establish correlation between learners from able and those learners from poor parents. The study is likely to benefit research by stimulating further investigations into aspects of nutrition on learning. The BOGs are likely to implement the proposed recommendations while the MOE, the curriculum developers will likely develop a curriculum that can accommodate feeding programme in school for all learners in lower primary and finally the community and parent will be the greatest beneficiary as the study is going to recommend strategies that can be used to promote Nutrition and Health of their children.