

**TO EVALUATE THE ROLE OF GUIDANCE AND COUNSELLING IN CONTROLLING  
INDESCPLIN IN SECONDARY SCHOOLS IN KINANGOP DISTRICT NYANDARUA  
COUNTY, KENYA.**

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## ABSTRACT

This study aimed at investigating the role of guidance and counseling in controlling indiscipline in selected secondary schools in Kinangop district in the Central Province of Kenya. The study adopted a survey research design. The population included 5298 students and 250 teachers in 16 public secondary schools in Kinangop district. A Random sample of 120 students and 20 teachers drawn from 10 secondary schools participated in the study. The research instruments included two questionnaires, one administered to the students and the other one to the teachers in the guidance and counseling department.

The study findings indicated that guidance and counseling played a major role in controlling indiscipline in secondary schools especially in providing the necessary life skills, mediating between learners and other stake holders, being good role models, educating learners on drug abuse, encouraging co curricular activities and providing referral services.

The findings of this study is expected to help teachers in guidance and counseling and school administrators to curb the increased cases of indiscipline in the schools so that the students can concentrate on their studies to achieve better grades and became responsible and useful citizens of this country.