

**ASSESSMENT ON TEACHING AND
LEARNING OF PHYSICAL EDUCATION IN
SECONDARY SCHOOLS IN YATTA DISTRICT,
EASTERN PROVINCE, KENYA.**

BY

KIVUVA RICHARD MUTUNGA

E35S/09/05904

**A RESEARCH PROJECT SUBMITTED IN PARTIAL
FULFILMENT OF THE REQUIREMENT OF THE
AWARD OF BACHELORS DEGREE IN EDUCATION
OF MT. KENYA UNIVERSITY**

NOVEMBER, 2012

ABSTRACT

The study aimed at assessing the teaching of Physical Education in secondary schools in Yatta District. The researcher used descriptive survey research design to obtain information that describes the existing phenomena about teaching of Physical Education in secondary schools. The study was conducted in Yatta district, eastern province. It involved six school heads, six games teachers and two hundred and sixteen students who were selected using simple random sampling technique from schools in Yatta District.

Self administered questionnaire, observational checklist and interview schedule were used to collect data.

The results were analyzed using statistical package for social science and the results organized, tabulated and presented into frequency tables, charts and graphs.

The findings of this study will offer guidelines on how curriculum develop us, supervisors and school heads can ensure play is protected in school as they seek balance to create optimal development milieu in child's lives.

The researcher recommends all P.E lessons to be taught both theory and practical's, learners be mobilized to improvise play materials using locally available materials, teachers and learners be in proper attire during P.E lesson, teachers and learners should utilize P.E lessons well not to teach other subjects and P.E to be a compulsory and examinable subject to all students in schools.