

**INFLUENCE OF ADOLESCENCE ON GIRLS ACADEMIC PERFORMANCE IN SECONDARY  
SCHOOLS: THE CASE OF EMBU COUNTY**

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## ABSTRACT

This study was conducted to determine the influence of adolescence on girls academic performance in secondary schools. Secondary school Girls in five districts of Embu county were randomly selected. The selected students were divided into three groups based on their age i.e. group A(those below thirteen years), group B(those aged between thirteen and nineteen years) and group C(those above nineteen years of age). They were administered with questioners which they filled individually and their responses were thoroughly analyzed. Group A seemed unaware of the influence to them because they were seemingly below the adolescence age. Group B were admitted to have been influenced by adolescence to do irrelevant things at school and this ended up either lowering or slightly improving their academic performance. Group C felt that they had gone through a very important stage of development that had greatly influenced their performance and were now recovering from the effects of that stage. They also agreed that most of the influences had negatively affected their academics during adolescence.