

RESEARCH ON THE EFFECTS OF DRUG AND SUBSTANCE ABUSE AMONG SECONDARY
SCHOOL STUDENTS IN KISAU DIVISION MAKUENI COUNTY.

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ABSTRACT

This research was undertaken to study various effects of high usage of drugs and substances among the secondary school students in Kisau Division in Makueni County.

Drug and substance abuse has been a major concern for parents, teachers and the community at large. The usage of drugs and substances have affected negatively the lifestyle of the learners, their moods, thoughts, feelings, behaviour and also their academic performance hence leading to poor performance and high level of school dropouts in the region. Students addicted to drugs will almost do anything to get the drugs they need. This has also penetrated to all the levels of our society affecting the rich, the poor, and everyone between.

Family members living with students addicted to drugs live in chaos and confusion because they do not understand the underlying mechanics of drug use by the students/children.

Some researchers have found out that most of these drugs and substances stimulate the brain system leading to a feeling of great pleasure, transmission of sexually transmitted diseases, school dropout, increase in crimes and addiction.

It is also found out that most students who are under the influence of drugs and substances mainly end up dropping out of school, performing poorly in academics and indulging in violence.

Therefore, this research was done to determine ways through which secondary school students can use to keep away from use of drugs and substances and how well they can shun away from the use of drugs and substances in order to improve in their academic and be guaranteed of a bright future.

The research should also come up with some of the best methods recommended especially by the ministry of education to deal with all the learners in Kisau Makueni County who are affected by this great disaster that is finishing many learners especially in secondary and tertiary institutions.