

**INFLUENCE OF MODERN LIFESTYLE ON THE SOCIAL BEHAVIOUR OF  
SECONDARY SCHOOL STUDENTS IN MWINGI EAST**

**BY**

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## ABSTRACT

The purpose of this study was to investigate the influence of modern lifestyle on the social behaviour of secondary school students in Mwingi East. The specific objective of the study was to find out the impact of modern lifestyle on students, to investigate factors leading students to adopt modern lifestyle and to examine the reactions of stalk holders towards the behaviour adopted by the students. The methods used in data collection were questionnaires and observation to gather information on social behaviour of students. The study made use of questionnaires as data collection instrument. The questionnaire both open ended and closed ended questions in order to generate as much data as possible. The researcher took special interest of Mwingi East because he was quite familiar with the schools there. The target population were 19 schools with 152 teachers and 5700 pupils. Data was analyzed using frequency tables and percentages. Presentation of data was done using bar graphs and pie chart. Discussions and recommendations were formulated using result of research findings. Recommendation on how the research can be used by various bodies e.g students, teachers and Ministry of Education were written according to the objectives of the study.