

**IDENTIFICATION OF THE FACTORS AFFECTING  
IMPLEMENTATION  
OF PHYSICAL EDUCATION CURRICULUM  
IN SECONDARY SCHOOLS IN  
NAIROBI PROVINCE  
KENYA**

**BY**

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**A RESEARCH PROJECT SUBMITTED TO THE SCHOOL OF  
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## ABSTRACT

The primary purpose of this study was to identify the factors affecting the implementation of physical education curriculum in secondary schools. It focuses on the effectiveness of teaching and learning, Physical Education (PE) qualification of teachers, availability and affordability of the facilities in schools. The time taken for teaching PE and role played by Kenya National Examination Council (KNEC) for not examining PE as a subject in the curriculum was also considered.

To realize the purpose of this study a descriptive survey was developed. The instruments used in this study were the questionnaires, one for the head teachers and the other for the teachers which was personally administered by the researcher. The other tool used was an observation scheduled to determine the available equipments, facilities and games. A total of 43 PE teachers and 19 head teachers from Nairobi province gave their responses, PE facilities and games were also observed in 14 different schools within Nairobi, the capital city of the Republic of Kenya.

The data was analyzed using SPSS 11.5 and content analysis. Presentation of findings was done in pie charts and frequency tables. The major findings of this study were that;

- i) There are inadequate facilities and equipments in schools hindering effective implementation of PE curriculum in schools.
- ii) There is acute shortage of trained PE teachers in schools.
- iii) Funds for running PE programmes are inadequate and limited.
- iv) PE is not examined by KNEC hence students are not motivated to take it seriously.
- v) PE requires more time to be allocated on the time table to ensure effective implementation of the PE curriculum in schools.
- vi) There is need to sensitize teachers and school administrators on the importance of PE curriculum implementation in schools.

Recommendations were made to develop a PE curriculum that is examinable and graded by KNEC in Kenya Certificate of Secondary Education (KCSE), more time allocation for physical education, training and regular in servicing of PE teachers.