

**EFFECTIVENESS OF GUIDANCE AND COUNSELLING ON DISCIPLINE
MANAGEMENT AMONG PUBLIC PRIMARY SCHOOL PUPILS IN
MIRANGINE SUB-COUNTY, NYANDARUA COUNTY – KENYA**

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ABSTRACT

The Government of Kenya outlawed corporal punishment as a means of instilling discipline in schools in 2001, and guidance and counseling was introduced as a better practice in its place. There had been a gap between the ban and consistent promotion and implementation of positive non-violent discipline measures. This situation arose the interest of the researcher to find out the effectiveness of guidance and counseling in managing discipline among pupils in public primary schools in Mirangine sub-county in Nyandarua County. This research is aimed at assessing the effectiveness of guidance and counseling as an alternative positive method to corporal punishment in primary schools in Mirangine sub-county in Nyandarua County in Kenya. The study uses the descriptive survey research design in which the respondents were sampled from the four divisions of Mirangine Sub-County namely: Dundori, Ngorika, Sabugo and Tumaini. Multistage cluster, stratified and probability proportionate to size (PP), purposive and simple random sampling methods were used to select divisions (n=4), schools (n=10), parents (n=50), teachers (n=55) and pupils (n=100). Questionnaires were used to collect data. The validity of the instrument was determined and reliability estimated using split half method. Use of computer package of Statistical Package for Social Sciences (SPSS Version 21.0) aids data analysis. Frequency, percentage and chi square were used to analyze data. The study provided empirical evidence for prevalence of punitive measures, attitude towards corporal punishment and guidance and counseling for management of discipline. The findings of the study revealed that pupils were physically punished across social economic groups. However, the pupils who reported being physically punished were more likely to come from single parent families and families with low income. As parents and teachers stated, corporal punishment at home and in schools was