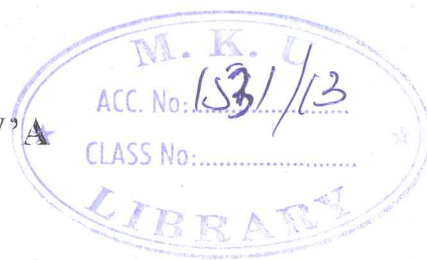


**EFFECT OF NUTRITION ON PHYSICAL DEVELOPMENT OF
CHILDREN IN IKUTHA ZONE KITUI WEST DISTRICT**

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ABSTRACT

The researcher did the research on effect of nutrition on physical development of children aged 5-8 years in Ikutha Zone, Ikutha division and Ikutha district. However the research sampled three schools to represent the others.

The researcher intended to find out the effects among the children aged 5-8 years on physical development .The aim was to observe and record the common nutrients, common maternal and child care and the physical micronutrient disorders in Ikutha zone, and how they influence the physical development of children in their life span thought their adulthood. The researcher used questionnaires, observation schedules and interview schedules for data collection.

The researcher also used quantitative method to analyze the data collected. This research will help in coming up with some intervention measures. The researcher after analyzing the data collected drawn conclusion and gave recommendation after summarizing all the information.