

**THE EFFECTS OF FEEDING PROGRAM ON LEARNERS AGED 3-6 YEARS IN  
PUBLIC SCHOOLS IN LOWER AKITHII EDUCATION ZONE OF MERU COUNTY**

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## CHAPTER ONE

### 1 INTRODUCTION

In lower Akithii education zone of Tigania west district, feeding program has great effects on academic performance of pre-school learners aged 3-6 years. so the researcher will be finding out the possible effects of feeding program, on academic performance in public pre-schools.

This chapter will be dealing with the background of the study, the statement of study, the purpose of the study, objectives of the study significance of the study, delimitations, and limitations of the study and the operational definition of terms.

#### 1.1 BACK GROUND OF THE STUDY

Since the researchers have regarded feeding programs in ECDE as the backbone of performance among pre-scholars across the world, modern experts in education have laid emphasis on it because according to the researchers done globally it contributes 80% of the learner's academic performance.

It is well stated that a well fed child will carry out all activities excellently in class. Thus why the GOK found from early 1950's mainly in central Kenya and African estates in Nairobi. This was to improve nutritional status of the child and prevent malnutrition. This however did not bring great impact especially in public pre-schools. In rural areas like those in Akithii zone, where parents have low knowledge on balanced diet of a child. Other organizations brought feeding program centers that ran as from 1972. They aimed at catering for the child's health and feeding in order to perform and maintain them in school. Communities were mobilized to start community-based programs in Kiambu and Keiyo mark wet using locally available food in 1982.