

**SOCIO-ECONOMIC FACTORS ON ALCOHOL AND DRUG ABUSE AMONG THE
STUDENTS IN
SECONDARY SCHOOLS IN KARIOBANGI, NAIROBI COUNTY KENYA**

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ABSTRACT

The purpose of this study was to establish socio-economic factors on alcohol and drug abuse among students in Kariobangi, Nairobi County Kenya. It was guided by research objectives focusing on the factors influencing alcohol use among the students, the commonly abused alcohol by the students and what stakeholders are doing to combat this vice among the youth. It used descriptive survey as well as questionnaire and interview guide as the main tools for data collections. The target population comprised of boys, girls and mixed secondary schools in Kariobangi, Nairobi County. However for the purpose of data collection 100 form four students were selected.

The data was analyzed using the SPSS which yielded frequency tables, percentages and mean. The key findings from the study were that alcohol and drug abuse among students is common; both boys and girls have abused alcohol and drugs with the majority being in boys schools; the greatest ratio of alcohol and drug abusers to non-alcohol/drugs among the sampled schools are aged between 16 and 18 years; there is a significant relationship between alcohol abuse and age, use of alcohol and drugs by other family members and easy access to the alcohol.

A variety of factors contribute to alcohol and drug use with the majority of students citing curiosity, acceptance by peers and ignorance as to the dangers of alcohol abuse and having a lot of pocket money as the main reasons. Both the school administrators and teachers face a number of challenges in attempting to curb alcohol and drug abuse in schools. The study also makes a number of recommendations for policy and further research.