

**A RESEARCH PROJECT COMPARING ACTIVITY AND PLAY
LEARNING WITH TRADITIONAL LECTURE METHODS. A
RESEARCH PROJECT CARRIED OUT AT KABARE PRIMARY
SCHOOL,NURSERY CLASSES**

BY

JOSEPHINE WANJIKU KAGIRI

E35S110/02327

**A RESEARCH PROJECT SUBMITTED FOR THE AWARD OF A
BACHELOR DEGREE IN EDUCATION ARTS AT MOUNT
KENYA UNIVERSITY THIKA**

OCTOBER, 2012

ABSTRACT

The research is aimed at finding out the various methods of learning, identifying the weaknesses of these methods and comparing activity and play based learning with the traditional lecture method with a view of determining the most appropriate methods and advice the relevant stake holders.

The study was carried out at Kabare Boys Primary school; nursery class. In the school there are two nursery classes and the two classes were involved in the study one as the experiment and the other as the control group. The administrators, teachers and learners were sensitized on their role in the study and the required resources for the study availed.

The researcher incorporated the following methods of data collection; interview, use of questionnaires and observation. Play enhances every domain of a child's development. Gross-motor skills, such as walking, kicking, or skipping, can be strengthened when a toddler pushes a toy grocery cart or an older child jumps with a rope. Fine motor and manipulation skills as well as language skills are developed as the child plays. When throwing and catching a ball, a child practices hand-eye co-ordination and the ability to grasp. A child's play with words, including singsong games and rhymes that accompany games of tag, can help him master semantics, practice spontaneous rhyming, and foster word play.

The child's cognitive capacity is enhanced in games by trial and error, problem solving, and discriminating between relevant and irrelevant information. Interpersonal skills, ranging from communication to cooperation, develop in play. Children learn about teamwork when they huddle together and decide who plays each position in a pick-up soccer game.

From the study it was realized that there are various methods of learning i.e. observation, imitation, by insight and trial and error. It was also noted that there is a significant difference

between play activities based learning and the traditional lecture method. Play activities based learning is also better in terms of retaining the learner's attention during the learning process making it much better.