

**AN INVESTIGATION ON THE EFFECTS OF GUIDANCE AND COUNSELLING ON
CAREER DEVELOPMENT OF STUDENTS IN PUBLIC SECONDARY SCHOOL
CASE IN ITURU HIGH SCHOOL IN KIAMBU COUNTY**

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ABSTRACT

This research study was aimed at investigating the effects of guidance and counseling programmes on the career development of students of public secondary school students in Ituru High School in Kiambu County in order to determine the effects that the provision of career guidance, its activities and resources have on students career development with a purpose of assisting students in learning about, preparing for entry into and progression in the world of work.

Qualitative data analysis has been applied with questionnaire being the main tool of research. Open ended questions were used in order to allow divergent opinions on the issues addressed. The data obtained has been presented in tables, pie charts and bar graphs for easy interpretation through narratives.

The existence of guidance and counseling programmes in schools together with diverse activities that aims at different individual student's abilities, talents and competences, availability of career information resources and a competent level of counsellors' ability to deliver, affects career development in secondary school students.

Career guidance and counseling programme should be well schedule at the beginning of the academic year in order to offer the required level of preparedness to the learners.

The Ministry of education should equip secondary with the relevant career guidance and counseling materials and manuals necessary for the students.

The teacher training curriculum should emphasize on guidance particularly on career choices to all trainees and demand an above average performance of ensure that the teacher will constantly guide the student during the teacher and learning process.

More research to be carried out at the university level and middle level colleges amongst the students in order to establish how many of them ended up taking courses as a result of the career guidance and counseling they obtained in their secondary school days.